

# Kentucky Behavioral Health Planning and Advisory Council

## Council Meeting Summary

August 16, 2018 10:00am to 2:00pm

Franklin County Cooperative Extension, 101 Lakeview Court, Frankfort, Kentucky

**Council Members:** Gayla Lockhart, Lynn Haney, Melony Cunningham, Steve Lyons, Mike Barry, Jeanette Rheeder, Peggy Roark, Brandon Kelley (for Carmilla Ratliff), Sherry Sexton, Steve Shannon, Ron O'Hair, Bill Heffron, Tonia Wells, Kelly Gunning, Maggie Krueger, Kathryn Tillett, Susan Abbott, Shelley Elswick, Robin Osborne, David Gutierrez, Angela Sparrow, Urika Berry, KOLEEN Slusher, Sherri Estes, Cindy Arflack (for Joy Hoskins)

**Presenters:** Cathy Epperson, Lori Norton, Ivan Garr, Ericha Winters, Jane Oliver, Steve Cambron, Tammy Barrett, Patti Clark, Kate Wagoner, Jasmine Fouts

**Staff:** Michele Blevins, Christie Penn, Dee Werline, Wendy Morris, Stephanie Craycraft, Allison Paul, Karla Thompson, Kim Hillard, Lesa Vanderpool, Lori Ramage

Topic	Discussion	Next Steps
Call Meeting to Order	Gayla Lockhart, Chair, called the meeting to order at 10:00 AM and welcomed members and guests. Quorum was confirmed. Members, guests and staff introduced themselves.	
Approval of May 2018 Meeting Summary	Members reviewed the May 2018 meeting summary. Mike Barry made a motion to approve the minutes as written. Kelly Gunning seconded. <b>Motion passed.</b>	Approved minutes are available <a href="#">online</a> .
Funded Entity Report: Substance Abuse Prevention Initiatives	Staff from the Division of Behavioral Health's Behavioral Health Prevention and Promotion Branch (Patti Clark, Steve Cambron, Tammy Barrett, Kate Wagoner and Jasmine Felts) provided an overview of the programs they administer statewide to reduce risk factors and increase resilience/protective factors for children, adolescents and adults.	You may learn more about the Behavioral Health Prevention and Promotion Branch <a href="#">here</a> .
Committee Reports	<u>Executive Committee</u> Gayla shared the proposed meeting calendar for 2019. <u>Membership Committee</u> Gayla shared that today's meeting is the last for Brandon Kelley and LeeAnn Kelley because they are now full-time employees of behavioral health providers. Gayla presented a certificate of appreciation to both of them for their years of dedicated service to the Council. Gayla announced that Rebecca Burton had submitted a resignation in June so that she would have more time for caregiving. Gayla shared that the Council now has four (4) vacancies for parents of children with behavioral health challenges and one (1) vacancy for a young adult in recovery. She encouraged members to share the Council's membership application with interested individuals; applications were included in the handouts.  Gayla stressed the importance of members arriving on time and staying for the duration of meetings.	

Topic	Discussion	Next Steps
	<p>Staff shared that for members who utilize lodging prior to meetings, the hotel now requires at least twenty-four (24) hours' notice for cancellations.</p> <p><u>Bylaws Committee</u>  Steve Shannon, Chair, shared that the Bylaws Committee met on June 14<sup>th</sup>. Steve reviewed the proposed changes aloud. A staff member noted that the current bylaws stipulate that all officer recommendations must be made by the Membership Committee and that perhaps the Council should consider developing a more expedient method to replace officers who are unable to complete his or her term (since the Membership Committee generally meets only one to two times per year). Steve asked the Council to consider this issue and be prepared to discuss it at the next quarterly meeting.</p> <p><u>ad hoc Committees</u>  Kelly Gunning, Chair of the Advocacy &amp; Policy Committee, reported that she and Mike Barry met informally to discuss the upcoming legislative session. Kelly stated that the committee plans to meet with Steve Shannon to develop legislative priorities.</p>	
2019 Combined Behavioral Health Assessment and Plan Review	<p>Members discussed the draft 2019 Combined Behavioral Health Assessment and Plan (called a "mini plan" this year). Staff provided members with the mini plan (including the Executive Summary and proposed state performance indicators) by email on August 10, 2018 and in meeting packets today. The mini plan is due to SAMHSA on September 4, 2018. Staff requested public comments. Michele Blevins asked attendees to continue reviewing the plan and send comments/questions to her.</p> <p>Each year the Council includes with its application a letter that confirms that it has reviewed and discussed Kentucky's application. Gayla read the letter; members approved it and asked staff to submit it with the application.</p>	Kentucky's Block Grant Applications and Reports are available online <a href="#">here</a> .
Commissioner's Report	<p>Wendy Morris, DBHDID Commissioner, shared that the department is working with the Community Mental Health Centers (CMHCs) and a university to develop a social media campaign about Kentucky's behavioral health safety net and its importance. Commissioner Morris asked members and guests to send her feedback on the messaging.</p> <p>Commissioner Morris then provided an update on the Amended Settlement Agreement with Kentucky Protection and Advocacy and requested feedback on areas of focus for the next settlement agreement (this one expires October 2018). The independent reviewer recommended the department provide more focused</p>	<p>Commissioner Morris' email address is <a href="mailto:Wendy.Morris@ky.gov">Wendy.Morris@ky.gov</a>.</p> <p>Learn more about the Amended Settlement Agreement: <a href="http://dbhdid.ky.gov/kdbhdid/pasa.aspx">http://dbhdid.ky.gov/kdbhdid/pasa.aspx</a></p>

Topic	Discussion	Next Steps
	attention on increasing housing and employment opportunities for individuals with serious mental illness.	
Funded Entity Report: People Advocating Recovery	Mike Barry, CEO of People Advocating Recovery (PAR), provided an overview of PAR's work to eliminate barriers to recovery for individuals with a substance use disorder. Mike discussed the many educational and advocacy events that PAR hosts annually, including the Rally for Recovery and Leadership Academy. PAR has six (6) statewide sites and over 7,000 members.	Learn more about PAR by visiting its <a href="http://peopleadvancingrecovery.org">website</a> (peopleadvancingrecovery.org) and <a href="https://www.facebook.com/PeopleAdvocatingRecovery/">Facebook</a> page (PAR-People Advocating Recovery).
Funded Entity Report: Individual Placement and Support	<p>Lori Norton, Cathy Epperson (UK-HDI) and Ron O'Hair (OVR) provided a presentation on Individual Placement and Support (IPS), an evidence-based service that helps individuals with mental illness obtain and maintain a job they enjoy. IPS is now available in sixty-three (63) counties in the state. The presenters shared a list of IPS Sites.</p> <p>Ivan Garr, a Peer Support Specialist at Wellspring in Louisville, shared his inspiring story of how IPS supported employment helped him obtain his current job, one he loves because he is able to see the hope he brings to others as he assists them to improve their lives.</p>	<p>Learn more about IPS Supported Employment: <a href="http://dbhdid.ky.gov/dbh/employment.aspx">http://dbhdid.ky.gov/dbh/employment.aspx</a></p> <p>Learn more about the Office of Vocational Rehabilitation and the Kentucky Career Center: <a href="https://kcc.ky.gov/Vocational-Rehabilitation/Pages/default.aspx">https://kcc.ky.gov/Vocational-Rehabilitation/Pages/default.aspx</a></p>
Member Updates	<p>Members shared updates and information about important upcoming events in round robin format.</p> <ul style="list-style-type: none"> <li>• Maggie Krueger shared that Kentucky Partnership for Families and Children entered into a contract with the Department for Juvenile Justice to provide support services to families and youth.</li> <li>• LeeAnn Kelley announced that a new NAMI affiliate is opening in Ashland called Tri-State NAMI.</li> <li>• Michele Blevins provided brochures on the new online resource for substance use treatment: <a href="http://findhelpnowky.org">findhelpnowky.org</a>.</li> <li>• Jeannette Rheeder announced that the Kentucky Housing Conference is next week.</li> <li>• Steve Lyons shared that a recovery walk is scheduled for Saturday in Newcastle.</li> <li>• Kelly Gunning told about NAMI Lexington's new suicide prevention partnership with Toyota of Kentucky (they experienced 12 employee deaths by suicide in 12 months).</li> <li>• Kelly Gunning shared that The Lane Report is doing a 3-part report on mental health.</li> <li>• Melony Cunningham shared that NAMI has new affiliates in London and Ashland.</li> </ul>	

Topic	Discussion	Next Steps
Adjournment of Meeting	Mike Barry made a motion to adjourn the meeting at 2:15pm. Kelly Gunning seconded. <b>Motion passed.</b>	<b><u>Next Meeting:</u></b> <b>Thursday, Nov. 15, 2018</b> <b>10:00 a.m. – 2:00 p.m.</b>